

ABSTRACT

Monosodium Glutamate or MSG is ingredient for food flavorings that its use is still being debated until now. Most people thought the use of MSG would have negative impact on health, especially children. However, people only know that MSG is harmful without further knowledge. Glutamate that contained in MSG has some health benefits. One of those benefits is to support metabolism such as the production of energy. But, MSG cannot be used excessively because the Sodium content of MSG should be considered carefully. This kind of knowledge is still not widely known by most people due to the absence of media that provide proper information about the use of MSG.

Awareness of the use of MSG should be given to children at an early age because they were at the golden age stage where they can absorb knowledge quickly. The provision of this knowledge is to let the children know the proper use of MSG when they grown up. The information provided in the form of an interactive illustrated book so that children can receive information about MSG and hone their creativity in a fun way.

Various ways of collecting data are used in this study, which are literature study, interview and observation. Then, SWOT analysis is used to determine the appropriate media design.

Keywords: Monosodium Glutamate, Children's Health, Education, GUI