ABSTRACT

Human resources has a very important role as executor of management functions. The success or failure of the implementation of the management functions are highly dependent on the quality of people who runs it. The phenomenon in this study is the decline in newspaper readership which is inversely proportional to the number of newspaper companies that continue to emerge. This phenomenon could be expected to cause stress for employees newspaper company, researchers conducted a survey at the beginning of the study of the phenomenon to determine how stress conditions of the newspaper company employees along with the phenomena that occur at this time. The results of the survey tell us that the stress levels of the employees are in the medium category. For that there should be further research to determine the level of work stress on the whole population.

This research was conducted at PT. Pikiran Rakyat located at Jln. Asia-Africa No. 77 with a sample of 63 respondents. This study aimed to analyze the level of work stress on employees at PT. Pikiran Rakyat. This study uses a quantitative approach with a descriptive design. Data were collected through questionnaires and interview.

The result of this research is that the level of the work stress of the employees of PT. Pikiran Rakyat is in the medium category, it means that the employees having enough work stress not too high and also not to low.

Keywords : Work Stress, Work Stressor