

ABSTRACT

DESIGN HANDBOOK FOR PREGNANT WOMEN

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A woman who is pregnant considers birth or delivery is important. However, maintaining the quality of the pregnancy becomes more important things before their birth. Obstetrics book Physiology Department of Obstetrics and Gynecology Section of Medicine, University of Padjadjaran Bandung explains one of the main problems that are typically encountered by pregnant women is fear. The emergence of feelings of fear experienced by pregnant women is usually caused by a lack of knowledge and myth or superstition about pregnancy and childbirth are also growing in the surrounding communities. The purpose of this study was to design a book that can educate pregnant women to minimize the fear that is experienced and can motivate pregnant women to be able to enjoy and love her pregnancy.

To answer these problems in pregnant women, the author tried to obtain the required data through observation methods against similar books, literature, expert interviews and interviews to prospective users who represent the target audience will be targeted. Once the data is obtained, the author conducted a design handbook for pregnant women.

Hopefully, by the design of this thesis, will be able to help pregnant women overcome problems fear of pregnant women to enjoy the pregnancy and in the end also can maintain the quality of her pregnancy and gave birth to a healthy family generation.

Keywords : pregnancy, book, handbooks, pregnant women