

ABSTRACT

This research was conducted at PT TRISCO TAM Soreang is one of the companies in the garment industry that every day has a high production target. This requires good management of human resources so that the company can achieve its vision and mission. One think can hinder the achievement of companu goals is employee jobs stress such as like workload. The role of the leader is very necessary to provide direction and encouragement to employees in achieving the company's targets.

The purpose of this study was to determine the application of transformational leadership style, level of employee job stress and how much influence the transformational leadership style had on employee job stress at PT TRISCO TAM Soreang in the Production Departement.

This study uses descriptive and causal types. The method of data collection is done through distributing questionnaires to 220 respondents. The questionnaire used in this study consisted of 30 statements. In explaining the results of research, data analysis techniques in this study used descriptive analysis, simple linear analysis, partial hypothesis testing (t), and coefficient of determination.

Employee assessment of transformational leadership is included in the strong category of leadership behavior that influence idealized and job stress is included in the low category that mean employees do not feel excessive stress.

Hypothesis test results show H1 accepted means that transformational leadership style has a significant negative effect on employee job stress at PT TRISCO TAM especially the production departement. In the test the coefficient of determination with a R square value of 0.167. This shows that the influence of transformational leadership style on job stress is 16.7% while the remaining 83.3% is influenced by variables not examined in this study.

Keywords: Transformational Leadership Style, Job Stress