

ABSTRACT

The Elderly Park is one of the thematic parks in the city of Bandung which is dedicated to the elderly as an accolade and appreciation to the elderly who are given the right to improve social welfare, namely the ease of use of facilities, facilities and the public infrastructure. In Elderly Park there are many activities in the morning that are routinely carried out by the elderly. One of the activities usually carried out by the elderly in Park is physical activity such as walking, exercise, and jogging. However, in Elderly Park there are still few facilities to carry out physical activities specifically for the elderly who aim to go to the Elderly Park to exercise, causing the elderly to become easily bored, so that need a renewal the sports equipment for physical activity whose needs can be adapted to the elderly. The purpose of this design is to make appropriate sports facilities for the elderly ideally based on user aspects. The method used in this design is a qualitative method in the form of observations, interviews, analytical techniques and related data. In addition, methods for making sports facilities use the Human Centered Design that fits human needs, habits and capabilities. The results obtained from observations made are that users for sports facilities are elderly who have complaints in health and routinely do exercise in Elderly Park, so that they can improve physical fitness from the results of appropriate products for the elderly.

Keywords: Elderly, Elderly Park, Sports Facilities.