

## **ABSTRACT**

*This research was conducted to determine the impact of training on employee performance in Head Office PT. Pos Indonesia (Persero) Bandung. The purpose of this study was to find out and analyze implementation of employee training, how the work performance of employees and how the influence of training on employees performance at Head Office PT. Pos Indonesia (Persero) Bandung.*

*This study uses a quantitative method with a type of descriptive – causal research. Sampling is done by probability sampling method, with the number of respondents as many as 90 people. The data analysis technique used is descriptive analysis and simple linear regression analysis.*

*The result showed that training had a significant impact on the performance of employees in Head Office PT. Pos Indonesia (Persero) Bandung. This is evidenced by the result of hypothesis testing (*t*-test) where *t*-count (12,084) > *t*-table (1,987), with a significant level of 5%. It can be interpreted that training has a significant effect on employee performance by 62.4%, while the remaining 37.6% is the influence or contribution of other factors not included in this study.*

***Keywords: Human Resource Management, Training, Employee Performance***