

## **ABSTRACT**

*International students studying in Indonesia often experience anxiety. This is caused by various factors, such as differences in language, culture, values, and norms. This anxiety and uncertainty can hinder the intercultural communication process of foreign students when studying in Indonesia, especially Telkom University. This study aims to understand the anxiety management mechanism carried out by Telkom University Foreign Students. The method used is a qualitative descriptive study using the constructivism paradigm. The data collection techniques used in this study were in-depth interviews, observation, and documentation. In this study using the unit of analysis of anxiety and uncertainty management. From the results of the research that has been done, the application of anxiety and uncertainty management in intercultural communication is to have a self-concept, have motivation to interact, react well, and build connections.*

**Keywords:** *Intercultural Communication, Foreign Students, Anxiety and Uncertainty Management*