

ABSTRACT

This thesis is entitled "Toxic Relationships in Dating Relationships among Adolescents in the City of Bandung". Toxic relationships or toxic relationships in dating relationships among teenagers in the city of Bandung are a phenomenon that requires serious attention. This research aims to determine the form of toxic relationships experienced by teenagers in the city of Bandung and to find out the reasons for maintaining relationships that are indicated to be toxic. Using qualitative research methods, this research interviewed a number of teenagers in Bandung City who are experiencing or have experienced toxic dating relationships. The research results were obtained from primary data in the form of in-depth interviews and documentation, then the data was analyzed using exchange theory from George C. Homans. The results of the research show that the form of toxic relationships in dating among teenagers in the city of Bandung is in the form of social restrictions, verbal abuse, body shaming and gaslighting, physical violence (slapping, hitting, grabbing hands and choking the neck) Psychological factors such as fear of loss, and dependency. emotions drive teenagers to stay in detrimental relationships. There are also sociological factors such as feelings of insecurity and fear of not being accepted by other people because they have had sexual relations. Through this research, it is hoped that it can create healthy relationships, support the growth of adolescent socialization, and reduce the negative impact of toxic relationships among adolescents.

Keywords: *Toxic Relationship, Teenager, Interpersonal Communication, Courtship*