## ABSTRACT

Social interaction is something that is considered as important for personal development and advancement. Thanks to certain advancements that brought forward creations such as social media and advanced technologies, social interaction can be done anytime and anywhere. This also brings positive and negative impact. One of the negative impacts being the reluctance to interact physically with one another. This behavior may bought a condition called touch starvation, in which an individual will crave the sense of touch after being isolated from it in a abnormally long time. Through this final project using artwork as the primary method, author will use 2 self portraits with 100x120 cm canvases that depict author's own struggle with this condition. The main purpose of this final project is to bring awareness of how important it is to maintain basic needs such as physical contact and to bring beneficial factors that brings catharsis to those who have gone through with this condition and personal insight for the spectators of these artworks. Author also hopes that others who encounter problems in finding topics for final projects will find this helpful.

Keyword : Touch starvation, Human senses, Physical touch