ABSTRACT

Application calorie calculator is an application to facilitate the person in calculating calorie needs are required, and can find out the calories daily activities we are and there are suggestions that should be made to the user in performing akfititas, maintaining the pattern of food intake, calculate the ideal weight for your body, and calculate the basal metabolism someone index. This application is done by using SDLC Waterfall, and in the development of applications using the android app studio. This application is expected to assist the user in control calories during activity.

Keywords: Application, Calculator calories, Android Studio, SDLC.