

ABSTRAC

People tend to live in urban life that is quite busy, fast and instant. This fast-paced life puts pressure and demands on work and daily activities. These demands and pressures can increase the risk of stress so that it indirectly affects people's lifestyles and increases the risk of various diseases. This lifestyle is seen as a promising market for investors so that it raises the phenomenon of Health Tourism. In this case, the field of Tourism Object of the Culture and Tourism Office (Disbudpar) of the City of Bandung saw this potential and began developing Health Tourism. Disbudpar assesses that Bandung has the potential for natural beauty and is the most popular tourist city.

Hotel Resort and Spa is one of the classifications of Health Tourism tourism activities that have resort hotel accommodation facilities that have natural relaxation and beauty health facilities with a target market for middle to upper category tourism. Hotel Resort and Spa provides Spa Tourism facilities which are components of health tourism related to certain health facilities and destinations that usually have mineral springs; or by combining the functions of accommodation facilities with health. Through the study of the design location of the Badung in the upper Cimbeleit area which has natural beauty and good temperature and air conditions and is far from the police supporting the design of the Hotel Resort & Spa. The concept of Nature and Healing as part of the Healing Environment approach was chosen as a concept that supports a good and healthy environment for health recreation tourists.

Therefore, the purpose of Designing Interior Resort Hotel & Spa is to create resort & spa hotels with designs that can collaborate with the natural senses and psychology and have more fun facilities and activities.