

ABSTRACT

Art therapy is a therapeutic technique using art media, creative processes, and the results of art to explore feelings, increase self-awareness, control behavior, develop social skills, and increase self-esteem. In doing art therapy, interpersonal communication is needed between teachers and students, Interpersonal communication becomes a success factor in communication, including interpersonal communication between teachers and children with disabilities in art training at the art community. Without good communication between teachers and children with disabilities, art training activities at the art community will not run smoothly because there are many obstacles. This has an effect on providing art training to children with disabilities. This study discusses the effectiveness of interpersonal communication between teachers and children with disabilities in art therapy at art groups in Bandung. For this reason, efforts are needed to provide effective interpersonal communication for teachers and children with disabilities, which include openness, empathy, supportive attitudes, positive attitudes, and equality. The research method in this study uses a qualitative method using descriptive analysis. This study used data collection techniques by interviewing four informants, namely two teachers, one parent of a child with disabilities, and one head of the foundation. The results of the research show the effectiveness of interpersonal communication carried out by teachers and children with disabilities during art exercises.

Keyword: *Communication, effectiveness, Interpersonal, Disabilities, art therapy*