ABSTRACT

Dementia is a disease that attacks functions in the brain that cause a person to become senile

or memory impairment. Every year, people with dementia are increasing because Indonesia is

currently in an aging period where there is an increase in life expectancy followed by an

increase in the number of elderly people. Therefore, this study aims to determine the

therapeutic communication patterns carried out by nurses to dementia patients in the

rehabilitation process. This study uses a qualitative research method with a case study

approach. The data collection technique was done by interviewing several nurses who worked

in a special room for the elderly with mental disorders, namely the Saraswati room. The result

of this research is the applied therapeutic communication, namely the pre-interaction phase,

the orientation phase, and the work phase. Communication that is often used is verbal

communication or non-verbal communication. In verbal communication nurses use clear

language, basic questions are repeatedly assisted by non-verbal communication, namely by

touching and certain symbols so that dementia patients can understand the message conveyed

by the nurse.

Keywords: therapeutic communication, Dementia