

ABSTRACT

As time goes by, human needs are also growing and diverse. Including developments related to space requirements. One example of an area that has developed in terms of function and purpose of the use is a café that has developed into a place for socializing, meeting, working, and showing off appearances. The same trend is also seen in hotels/resorts where the “wellness/health” based tourism segment has the fastest growth in global tourism. “Within the tourism sector, wellness tourism specifically was worth \$639bn in 2017 and is predicted to grow to 44% by 2022.” (Global Wellness Institute). Resort hotels are an option to deal with stress. With the aim of visitors, the interior design of the resort should be able to help visitors to get the maximum holiday experience, especially to help release stress. To create a resort atmosphere based on wellness, the chosen theme is "blend with nature". To be able to provide a resort atmosphere that blends with nature, the interior of the resort applies the biophilic concept. This concept maximizes the presence of natural and natural elements in the interior space of the resort.

Keywords: *Healing Stress, Biophilic, Resort, Wellness*