ABSTRACT

Depression is one of the most common mental illnesses globally, which is often found in the form of mood disorders but is a serious problem. Depression can occur at any age, including in early adulthood. In Greater Bandung, precisely in West Bandung, a young man committed suicide by jumping from a railroad crossing bridge due to depression. In the community itself, inadequate education about depression is indicated by the large number of negative stigmas about depression that are still often heard. This final project uses the mixed method, namely observation, interviews, questionnaires, and literature study. The theories used are design theory, educational media, books, illustrations, colors, and psychological theories on depression. The results of this study showed that mental education was required to combat the stigma surrounding depression that had emerged in the community and to foster a sense of compassion for those who are closest to those who are depressed. It is hoped that creating this educational material about depression in Greater Bandung, it will be able to adequately inform people about mental disorders, especially depression, eliminate the stigma associated with it in society, and aid in the understanding of those who are affected by it, particularly their families and closest friends.

Keywords: educational media, illustration, depression, Greater Bandung