## ABSTRACT

As human grows, the more responsibilities we have that end up be pressure on us. The pressures subconsciously affect our mental health as a human, one of the common mental issues that humans suffer from is depression. In this study a solo singer with the stage name Hindia create a song titled "Secukupnya", the song was made to give a message to be more aware of mental health. This study conducted to find how the meaning of "Secukupnya" song is delivered by Hindia.

This study conducted using Gadamer Hermeneutics theory that have four concept in the theory which is historic, dialectical, prejudice and linguistic. The results of this research using hermeneutics Gadamer to "Secukupnya" song shows that the text has its historical meaning by reason of the text that shares the real and close situation about any kind of issues we have had in life. On the dialectical meaning the text have proximity and sense of belonging between the song and the listener. Prejudice by researcher finds that in this song tells that when facing sadness and feeling down we shouldn't have to trough it alone and keeping it for a long time. The linguistic meaning of this song is the choice of word and style of speech was made to be close to the real conditions that we face about any issues in life and because of that the message that the song brings will be delivered completely.

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Key Words: Hermeneutics Gadamer, text, song.