

ABSTRACT

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Since the industrial revolution, the global community has experienced a decline in psychological conditions due to increased stress in daily life, including in our Indonesian society. Psychiatric hospitals are health institutions that provide comprehensive mental health services, ranging from examination, treatment, to rehabilitation and education. Grha Atma Psychiatric Hospital as the only psychiatric hospital in Bandung has an important role in this. However, the interior condition of this hospital is still not ideal. There is also a stigma in Indonesian society that psychiatric hospitals are scary and gloomy places, causing many people with mental health problems to be reluctant to come and get the professional help they need. Based on the results of surveys and interviews, as well as literature studies and precedent studies, an interior concept with a mood-focused wellness approach is formulated to provide solutions to these problems. This interior concept applies the basic aspects of interior wellness which is focused on setting the atmosphere, with the aim of creating a mood stabilizing effect. The interior atmosphere that is manifested by this design is a peaceful, cheerful, natural, friendly, and comfortable atmosphere. By applying such an atmosphere to the new design of the Grha Atma Mental Hospital, it is expected that the emotional condition of psychiatric patients and other residents will become calmer so that the effectiveness and efficiency of mental health services can be achieved optimally.

Keywords: *Psychiatric Hospital, Wellness Interior, Mood Stabilization, Grha Atma Bandung*