

ABSTRACT

NEW DESIGN FAMILY AND BABY SPA BY USING THE BIOPHILIC DESIGN APPROACH IN BANDUNG

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The hustle and bustle of life in big cities, especially the city of Bandung, has a high tendency of activity which causes a high number of stress experienced by the community, both workers and students. So that it needs to be balanced by doing an activity that is more fun to get rid of fatigue and the feeling of boredom and stress that is experienced, namely by doing body relaxation which aims to stretch the muscles and tense nerves. Currently, spas are not only part of a lifestyle and trend for modern society, especially in cities, but spa is of course also balanced with its many benefits. Then, most spa places with a city spa concept (located in a multi-storey building with luxury nuances) make a spa place that tends to be closed by barriers and the lack of direct interaction with nature is a problem that needs to be considered in spa design. Most of the spa places are only intended for a certain group, such as Men spa, Woman spa and Kids and Baby spa. So that at this time it is still rare to find a spa that has complete enough facilities for all groups in one building. In this research, the method used is based on the results of interviews and observations carried out in several places and is assisted by using the library research method or literature study which can be used as a standard reference for a design and the data sources used are primary and secondary data. . Therefore, a Spa will be designed which has various facilities ranging from adults to children and toddlers and uses the Biophilic Design approach which is identical to the application of nature which is able to give a positive environmental impression so

that it can provide comfort, a sense of calm, and relaxed and is expected to help during the relaxation process takes place.

Keywords : Spa, Family Spa, Baby Spa, Biophilic Design, Nature