

ABSTRACT

The high number of divorce cases currently results in the loss of a family member, which affects the communication process that occurs in the family also the children growth and development. In a single parent case, the mother automatically plays a dual role as both mother and father who fulfills the needs of her children. Due to this unresolved problems, it can lead a breakdown in the communication between single mothers and children. Conflicts that occur between them start from poor high-pitched communication, and blaming each other between family members. This study uses qualitative research methods with the three data collection techniques, including interviews, observation and documentation. The author also uses a constructivist paradigm with the aim of knowing the reality of human experience which is shaped by the social environment and uses a phenomenological approach to understand the relationship between humans and their environment. The researcher found that the selfdisclosure of a teenager to their single parent mothers came from the single parent mother own ways in educating her children. The teenager also become understanding with their mother's condition so that they can understand each other's emotions and prefers to do a discussion in communicating.

Keywords: *Self Disclosure, Adolescents, Single Parent Mothers*