

ABSTRACT

Mental health disorders in Indonesia that occur in adolescents continue to increase. However, this is not in line with the availability of facilities for mental health recovery in Indonesia, especially in West Java. Some providers of mental health recovery and treatment facilities mostly focus on other psychotherapy methods, but through art therapy mental health recovery is a more enjoyable way through art as a therapy media. Considering the characteristics of adolescents who need privacy and positive interaction. The problems studied in the form of the lack of Art Therapy Center facilities as mental health recovery in Indonesia, inversely proportional to the increase in adolescent mental health statistics that have occurred in Indonesia, especially West Java Province as the province with the highest adolescent population in Indonesia, the lack of space design adapting to the characteristics of adolescents, and mental health recovery itself. This design aims to create designs for adolescent mental health recovery facilities that at the same time accommodates means of creative art and non-formal education that is in line with the problems studied so it can help mental health sufferers as well as anticipate disturbances in mental health with creative art media as a recovery medium. The design of the Art Therapy Center as an Adolescent Mental Health Recovery Center is expected to be able to provide facilities that are useful in mental health recovery activities and support creative artistic activities.

Keywords: Art Therapy, Mental Health, Creativity, Healing, Spatial Psychology.