

ABSTRACT

In Indonesia, many boarding schools offer quality education and are aimed at a strong religious approach, such as Islamic boarding schools, church schools or schools in official educational institutions. However, with the strict boarding system and high academic demands, many students experience pressure and stress that takes a toll on their mental health. Anxiety and depression in dormitory students is higher compared to students who live at home. One of the schools that became the object was Madrasah Aliyah Negeri 1 Yogyakarta or commonly known as Mansa, which is an Islamic-based high school and provides dormitories for students. The increasing number of enthusiasts to go to school at Mansa, the main and supporting facilities in the school building must be further improved by adopting biophilic designs in the dormitory and school environment, including installing parks or green spaces, paying attention to air circulation and natural light, and using natural materials. natural and environmentally friendly in the construction and renovation of school buildings.