## **ABSTRACT**

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Title : "Suppressed emotions in a short experimental film"

Final Project : Telkom University Creative Industry Arts Study Program

This final project aims to visualize Suppressed emotions in a short experimental film with the aim of providing awareness of the existence of suppressed emotions. The method of this creation is to use the medium of short experimental films with an aim to experiment with visuals and sounds to visualize the existence of suppressed emotions; Something that exists among us but is not often discussed because of the negative stigma that may be caused by Intergenerational Trauma in dealing with mental health problems.

Keywords: depressed emotion, Intergenerational Trauma, Experimental Film