

ABSTRACT

This study explores communication resilience within families of female inmates, particularly in the context of the "new normal" situation. Emphasizing the roles of family support and communication facilities, the research identifies communicative processes shaping resilience in building social relationships among groups of female inmates. The significance of family visit frequencies and the role of communication tools in establishing a new normal are highlighted. Families of female inmates apply alternative logic by maintaining day-to-day communication through visits or phone calls and making efforts to align with spiritual values. This strategy also involves occasionally mitigating negative emotions and emphasizing positive actions to strengthen family solidarity. By implementing five communicative processes - constructing a new normal, affirming identity anchors, preserving and utilizing communication networks, implementing alternative logic, and reducing negative feelings - female inmates can build positive resilience during their incarceration. In conclusion, the implementation of communication engagement between female inmates and their families creates suitable and beneficial relationships. In this context, the disclosure of personal identities and family openness have positive impacts on the experiences of female inmates. This research highlights the crucial role of communication resilience in shaping positive perspectives and overcoming challenges during incarceration, especially within the female inmate population.

Keywords : Family Resilience, Women Fostered Citizens, Family Communication