

Interior Redesign of the Intensive Inpatient Installation Building at West Java Mental Hospital, Cisarua District, West Bandung Regency Using a Healing Environment Approach

ABSTRACT

Mental health issues in Indonesia are increasingly urgent, with over 19 million people aged 15 and above experiencing psycho-emotional disorders and more than 12 million suffering from depression. Suicide data shows 1,800 cases annually, with 47.7% occurring between the ages of 10 and 39. Society still faces stigma and inhumane practices like restraint, despite the Ministry of Health introducing the "Indonesia Free from Restraint" program to address human rights violations. The WHO defines mental health as an individual's ability to cope with life's challenges, highlighting the need for positive awareness. Efforts to improve mental health services in West Java encourage local governments to establish psychiatric hospitals as referrals. Psychiatric hospitals in Indonesia, particularly in West Java, handle a diverse range of patients, including those in the agitated category requiring intensive care. Environmental factors, both natural and man-made, play a crucial role in the healing process. Research shows that user-centered design can enhance the quality of healing. Therefore, the spatial design in psychiatric wards must be planned with patient safety and security in mind.

Keywords: *Agitation, Healing Environment, Mental Health, Psycho-Emotional Disorders, Spatial Design.*