

## **ABSTRACT**

*This study examines communication patterns in married couples who both work, with a focus on Kudus Regency, Central Java. Four couples were involved, two of whom were newly married and the other two had been married for a long time. This research uses a qualitative approach to deeply understand symbolic interaction in family communication. Data were collected through interviews, observation, and documentation. The results showed that mutual understanding and emotional support were found to be important factors that strengthen husband and wife bonds and reduce conflict. This study explains the importance of open communication in achieving a balance between the demands of work and family life.*

*Keywords: Communication Patterns, Spouses, Dual-career, Symbolic Interaction, Family-Work Balance*