

## **Abstract**

This research is entitled, "Interpersonal Communication Patterns in Toxic Relationships in Dating Relationships, Especially for Women." The purpose of this research is to find out how interpersonal communication patterns are in toxic relationships, especially for women who are victims of violence in dating relationships. Furthermore, the specific aim of this research is to determine "Interpersonal Communication Patterns in Toxic Relationships in Dating Relationships, Especially for Women." The research method used is a qualitative approach. This research was conducted by collecting information or data/facts related to Interpersonal Communication Patterns in Toxic Relationships in relationships. Subjects in this research refer to individuals who are sources of data and information. The research object refers to the entity being researched and analyzed. The results of this research show that the role of communication is very important in a relationship and mutual support is also very important in avoiding toxic relationships. Apart from that, from the results of this research, openness is an important aspect in interpersonal relationships. However, it is important to understand that healthy openness is about balance and mutual respect.

**Keywords:** Interpersonal communication, toxic relationship, relationship