

ABSTRACT

This study is about how family communication improves self-esteem in blind adolescents. The purpose of this study was to determine the application of family communication and the type of family of blind adolescents. This study used a qualitative descriptive approach. By using interview and observation data collection techniques. The results of the study showed that the application of family communication in improving self-esteem through conversation orientation formulated into three themes, namely open, discussion, and support. The form of open communication helps blind adolescents speak freely in expressing their feelings related to the conditions they experience. Discussion helps blind adolescents express their feelings and discuss the issues they face. The support and motivation given by parents to blind adolescents increase self-confidence and optimism. Conformity orientation, formulated into three themes, namely uniformity of rules, decision making, and uniformity of principles. Uniformity of rules given by parents has a positive impact on the independence of blind adolescents. Decision making involving blind adolescents can be influential because they are trusted to participate in determining choices. Uniformity of positive principles given by parents helps blind adolescents understand limitations and view themselves positively as disabled. The application of family communication with these two orientations indicates that families of blind adolescents apply consensual and pluralistic family types.

Keywords: *Family Communication, Self-Esteem, Visually Impaired Adolescents*