

ABSTRACT

Body is an important asset for humans to be maintained. Obesity, a threat that can occur in the human body due to lack of self-care to regulate lifestyle until finally there is an energy imbalance in the human body that leads to various other diseases as a trigger for obesity. Through the creation of works with this phenomenon, it is hoped that it can be a reminder for humans to always maintain their diet and body activities in order to maintain energy balance in the body. Then visually the work will be poured into a surrealist style with various visual objects that convey an awareness of the existing phenomena regarding humans and the safety of their bodies. "The ParaDies Of Delight Behind" is the final result on this Final Project. With an acrylic medium on canvas in the size of 200cmx70cm, with all forms of complex visual metaphors, the work can create the representative meaning of the weakness of humans in protecting their bodies so that they can experience obesity conditions.

Keywords: *Obesity, Energy Imbalance, Surrealist*