

ABSTRACT

Saefullah Ali Yusuf

1604204101

2024

VISUALIZATION OF PTSD SUFFERERS THROUGH THE EXPERIMENTAL FILM “RELEASING THE PETALS FROM THE SHACKLES OF DARKNESS, AND NIGHTMARES”

Final Assignment: Fine Arts Study Program, Faculty of Creative Industries, Telkom University

PTSD or post-traumatic stress disorder is a mental problem experienced by an individual after undergoing traumatic events such as war, rape, and violence. One of the causes of PTSD itself is bullying, whether physical, verbal, or emotional bullying, to sexual harassment cannot be avoided. To address this issue, the writer creates this final project with the following objectives: (1) Art therapy in the form of catharsis for the writer's soul wellness, (2) To criticize the perpetrators of bullying, as well as (3) To increase mental health awareness among the community. The work created will refer to the rules of experimental film which are divided into two parts. This final project will produce an Experimental Film where the first part will visualize the terrifying journey through the realm of dreams and also the fears experienced by the writer when experiencing bullying, and the second part will serve as the antithesis of the previous part.

Keyword: Bullying, Catharsis, Experimental Film, Mental Health Awareness, PTSD.