

ABSTRACT

The importance of sexual education appropriate to their level of understanding was emphasized, as children with intellectual disabilities are more vulnerable to sexual abuse and lack understanding of their bodies. Studies show that although they have the ability to distinguish appropriate and inappropriate touching, most of them were not prepared to report such incidents. Children with intellectual disabilities often face challenges in understanding and coping with physical and emotional changes during puberty, coupled with a higher risk of sexual violence. This study used the PRECEDE-PROCEED theoretical framework to analyze the predisposing, reinforcing, and supporting factors that influence their understanding and practice of reproductive health. The results show that appropriate and structured sexual education is important to increase their literacy and awareness, as well as empower them in making better decisions about their bodies. The collaboration with SLB C (Mentally Disabled School) TERATE was expected to strengthen the sustainable intervention and provide a positive impact for students, particularly regarding reproductive health and preventing sexual violence.

Keywords: (Communication, Health, Disabilities, Violence, Sexual, Children)