

ABSTRACT

This research explores family communication among millennial married couples from different cultural backgrounds. It aims to understand how these couples create and maintain harmony in their marriage despite differences in values, habits, and ways of expressing themselves. A phenomenological approach was used to deeply explore their lived experiences, focusing on how they navigate and manage those differences through communication. The data were collected through in-depth interviews with five intercultural couples who have been married for over five years, along with one expert in family psychology. The findings show that cultural differences often lead to misunderstandings or conflict, but they don't necessarily prevent couples from building a strong relationship. Three key elements help them: understanding each other's cultural background, showing empathy and emotional support, and having good communication skills such as active listening, negotiation, and adjusting communication styles. Chapter I provides the background and purpose of the study. Chapter II discusses the theories that support the research. Chapter III outlines the research method. Chapter IV presents the field findings, while Chapter V connects those findings to existing theory and the researcher's insights. Chapter VI offers conclusions and practical suggestions for couples and professionals alike. This study sheds light on how cross-cultural couples can grow stronger by developing mutual understanding and learning to communicate with care and flexibility.

Keywords: family communication, intercultural couples, millennial generation, phenomenology, communication skills.