

Kata kunci: rasa bersalah, penyesalan, stopmotion

Abstract: In today's fast-paced modern life, many people unknowingly carry emotional burdens from the past — one of the most common being guilt. This feeling often arises when someone becomes aware of their past decisions or mistakes, ultimately affecting how they view themselves, others, and their future. This phenomenon is especially common among younger generations who are accustomed to a culture of instant gratification: everything is fast, everything is easy, but often at the cost of ignoring long-term consequences. Through my final project titled "The Mistake Whisper," explore the inner turmoil of an individual haunted by guilt. This work is realized in the form of a stop-motion video, chosen not only for its visual appeal but also for its artistic capacity to convey the fragmented, broken, and fractured nature of a soul wounded by regret. Combining symbolic visual elements with carefully designed audio, the piece invites the audience to experience the protagonist's anxiety, restlessness, and journey toward self-forgiveness. The hope is that this work can serve as both a reminder and a conversation starter — about how we process guilt, how it impacts our lives, and how art can become a powerful bridge to express internal struggles that are often too difficult to put into words.

Keywords: guilty, regret, stopmotion