

DAFTAR SINGKATAN

ANOVA	: <i>Analysis of Variance</i>
sEMG	: <i>Surface Electromyography</i>
EMG	: <i>Electromyography</i>
LDV	: <i>Lactate Difference Value</i>
MAV	: <i>Mean Absolute Value</i>
RMS	: <i>Root Mean Square</i>
MDF	: <i>Median Frequency</i>
SEN	: <i>Spectral Entropy</i>
HSD	: <i>Honest Significant Difference</i>
FCR	: <i>Flexor Carpi Radialis</i>
DEL	: <i>Deltoideus</i>
COM	: <i>Combined Muscle</i>
LS	: <i>Lactate Score</i>