

ABSTRACT

This study aims to describe how interpersonal communication occurs between millennial married couples in making decisions to join the Family Planning (KB) program in Cirebon City. The main focus of this study includes aspects of openness, empathy, supportive attitude, positive attitude, and equality in the communication process between husband and wife. The approach used in this research is qualitative with a case study method. Data were collected through in-depth interviews with five millennial married couples in five sub-districts in Cirebon City. The results showed that interpersonal communication plays a crucial role in the successful implementation of family planning programs in the household. Couples who apply open communication, support each other, and respect each other's views tend to have more mature and harmonious decisions in determining the appropriate family planning method. Equality in decision-making also proved to be an important factor that strengthens trust and cooperation between couples.

Keywords: Interpersonal, Communication, Millennial, Family Planning, Cirebon.