

## ***ABSTRACT***

Lecturers play a crucial role in the academic environment as executors of the three main tasks of higher education institutions. Heavy workloads coupled with constant expectations of professionalism can trigger fatigue, both physically and psychologically. One factor that is thought to contribute to the intensity of professional fatigue among lecturers is the length of their work experience. This study aims to evaluate the impact of length of work experience on the degree of professional fatigue among lecturers at Telkom University using the Subjective Self Rating Test (SSRT) instrument. A quantitative approach was applied through a survey technique. Information was collected through the distribution of SSRT questionnaires to 69 lecturers as research subjects. The independent variable (X) in this study was length of work experience, while the dependent variable (Y) was professional fatigue. The evaluation included data normality checks, classical assumption validation, and simple linear regression analysis using SPSS software. The findings show that lecturers' professional fatigue has an average score of 2.24 for decreased activity, 2.10 for decreased enthusiasm, and 2.12 for physical fatigue. From the results of simple linear regression, length of work experience does not show a statistically significant effect on fatigue. However, the resulting equation indicates the opposite direction, where longer work experience tends to decrease fatigue.

*Keywords : Length of Service, Work Fatigue, Lecturer, Subjective Self Rating Test (SSRT)*